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ANNIE BESTERMAN, M.S.

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EDUCATION

LOYOLA UNIVERSITY OF MARYLAND
M.S. in Clinical Psychology, 2018

LYNCHBURG COLLEGE
B.S. in Psychology, 2014

LICENSES

Maryland Psychology Associate License (A0410)

Active

District of Columbia Psychology Associate License (PSYA00210)

Active

EXPERIENCE

PSYCHOLOGY ASSOCIATE, Daisy Pascualvaca, Ph.D., & Associates.
Washington, DC. Assist in conducting comprehensive Real-Time Neuropsychological Evaluations™ for children, adolescents and school-aged young adults with suspected attention, learning, neurodevelopmental disorders, or behavioral/socioemotional challenges. This includes administering and scoring neuropsychological, psychological, and academic achievement tests. Assist with the preparation of a written report describing the results of the evaluation.

2018-Present

Use the same Real-Time™ approach when conducting admissions testing for independent schools to help schools determine if the student is a good match.

Head of the "re· mem· brance" program to assist teenagers and college students in gaining a better understanding of their strengths and challenges, embracing their profile to become a stronger self-advocate and move forward with a renewed sense of strength and purpose.

PSYCHOLOGY EXTERN, NeuroBehavioral Associates, Columbia, MD.
Administered and scored comprehensive neuropsychological assessments. Worked with children, adolescents, and adults with known or suspected attention, learning or other neurodevelopment disorders, as well as those who have experienced acquired brain injuries. Received specialty training in assessment of autism spectrum disorders, including observation of the Autism Diagnostic Observation Scale (ADOS). Participated in clinical interviews and feedback sessions with families. Composed history sections of neuropsychological reports.

2017

MOBILE OUTREACH WORKER, Main Street Mobile Treatment Associates, Baltimore, MD. Worked as an outreach worker in mobile services, catering to individuals across the lifespan with diagnosed emotional, behavioral and personality disorders that prevented them from accessing therapeutic services in traditional outpatient treatment settings. Held weekly sessions to address psycho-education and used supportive and therapeutic techniques to assist clients with their access to care, increasing adaptive skills and ability to perform activities of daily living with the goal being to transition to a traditional outpatient therapy setting.

2015-2017

PSYCHOLOGY INTERN, Virginia Baptist Hospital Adult Psychiatric Ward, Lynchburg, VA. Intern for Mental Health Services. Observed and participated in groups therapy sessions, commitment hearings, and electro-convulsion therapy for adults in acute care services. Administered substance abuse and biopsychosocial evaluations upon admission to the unit. 2013-2014

PSYCHOLOGY INTERN, Bridges Treatment Center, Lynchburg, VA. Intern for Mental Health Services. Observed and assisted in facilitating group therapy for adolescent girls ages 13-17. 2012-2013

CONFERENCE
PRESENTATIONS

Besterman, A & Guill, Chelsea (2013, May). *Perceptions of Consensually Non-Monogamous Relationships as a Result of Information Received*. Presented at the Virginia Psychological Association Conference. Richmond, VA.